Phish or Legit? The challenge

Six messages. Some are Phish's bait, some are genuine. Tick **Phish** or **Legit** for each one, then check your answers overleaf. All examples are fictional.

1. From: accounts@supp1ier-invoices.co
Subject: Updated bank details for invoice #4471

Hi, our bank has changed. Please use the new account below for today's payment, it's urgent as the old account closes tonight.

◯ **Phish** ◯ **Legit**

2. From: Microsoft 365 <no-reply@m365-secure-login.net>
Subject: Your password expires in 2 hours

Keep your current password by confirming your login here: m365-secure-login.net/keep

◯ **Phish** ◯ **Legit**

3. From: Text from +44 7700 900123

Royal Parcel: your parcel is held due to unpaid postage of £1.45. Pay now to avoid return: parcel-fee-uk.info

◯ **Phish** ◯ **Legit**

4. From: Sarah (Office Manager) – internal
Subject: Team lunch Friday

Hi all, lunch is at 12:30 on Friday in the usual place. Reply to me if you can't make it. No links, just let me know!

◯ **Phish** ◯ **Legit**

5. From: Phone call from "your bank"

"We've spotted unusual activity. To stop it, please read me the 6-digit code we've just texted you."

◯ **Phish** ◯ **Legit**

6. From: ceo.office@gmail.com
Subject: Quick favour – are you at your desk?

I'm in meetings all day. I need you to buy 5 gift cards for a client today. Don't mention it to anyone yet, I'll explain later.

◯ **Phish** ◯ **Legit**



"Go on, which one would you click?"
Great for a team meeting: give everyone two minutes, then compare answers.

Answers: how did you do?

Unity World

1. **Phish**
   Bank details changed by email plus urgency. Call the supplier on a number you already have.
2. **Phish**
   The web address isn't Microsoft's, and it's rushing you. Go to Microsoft 365 yourself.
3. **Phish**
   Unexpected parcel, small fee, odd link. Classic text bait.
4. **Legit**
   Expected, internal, no link, no money and no pressure. (If unsure, ask Sarah in person.)
5. **Phish**
   Your bank will never ask you to read out a code. Hang up and call the number on your card.
6. **Phish**
   Personal email, secrecy, gift cards and urgency. Check with your CEO another way.

Your score

6 / 6
Phish would struggle to catch you. Nice catch.

4–5
Close. Re-read the red flags on the checklist.

0–3
Phish could catch you. Keep the checklist close.



Remember: Stop. Spot. Report.
Not sure? Don't click. Report it to your nominated person. Nobody gets in trouble for checking.